Human Rights 101: A Brief College-Level Overview

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“People only live full lives in the light of human rights.”
-- U.N. Chronicle Title, March, 1988

Introduction
This paper offers a brief overview of human rights for college-level readers. Throughout it, readers may click on underlined text to learn much more on specific topics.

The list of human rights violations in the 21st century seems inexhaustible. In the Syrian civil war, sarin gas killed many civilians, with the government the likely culprit, and both the government and rebels executed captured enemy combatants. In the Democratic Republic of the Congo, rebel groups forced hundreds of children to serve as child soldiers. Religious minorities are often persecuted: In Burma, more than 125,000 Muslims have been ethnically cleansed by Buddhist forces. In the Central African Republic, both Christian and Muslim militia killed civilians of the other faith. The International Labor Organization estimates that 21 million are victims of forced labor. Arbitrary detention and torture were used in many countries. An Egyptian court sentenced three journalists to jail for reporting anti-government protests. The World Health Organization reported that in 2015, while great progress has been made, 159 million children under the age of five were stunted (low height), 50 million others were wasted (low body weight), and 16 million were severely wasted due to malnutrition. According to the World Health Organization, malnutrition contributed to an estimated 45% of deaths of children under age 5. Yet despite all these abuses and countless others, human rights have advanced greatly since the end of World War II.

Overview
This overview of modern human rights consists of six major sections:

Section I, on the universality of human rights, discusses the moral foundations of human rights, the challenge of cultural relativism, and the relationship between human rights and duties.

Section II offers a summary of the United Nations system of human rights as it has developed from the founding of the United Nations in 1945 to the present. This section, the longest of the six, includes descriptions of the drafting of the Universal Declaration of Human Rights, the major United Nations conventions and declarations, and the major U.N. operational mechanisms for advancing human rights. This section concludes with short overviews of the International Criminal Court, the Responsibility to Protect, the Millennium Development Goals, and the new Sustainable Development Goals.
Section III describes the development of international humanitarian law, the laws governing the conduct of war. While international humanitarian law predates human rights law, it is now seen as a part of human rights law, due largely to its modern emphasis upon the rights of civilians during wartime.

Section IV reviews the human rights systems of the five regional organizations, from the first European system to the most recent Association of Southeast Asian Nations Human Rights Declaration.

Section V describes the non-governmental human rights movement and its vital role in advancing human rights.

Section VI examines the United States’ role within the international legal system of human rights.

I. The Universality of Human Rights

The concept of human rights implies that basic rights belong to every member of the human race. In contrast to the European “divine right of kings,” which gave kings God-given (and often god-like) authority, the Universal Declaration of Human Rights, discussed below, states that human rights belong to every human “without distinction of any kind, such as race, color, sex, language, religion, political or other opinion, national or social origin, property, birth or other status” (Art. 2).

A. The Moral Foundation of Universal Rights

From the moral perspective, human rights refer simply to the morally justifiable claims that every human should be able to make upon society. For example, if one can make the moral claim that no person should be sold into slavery, then the right not to be enslaved is, morally speaking, a human right.

But what is the moral basis for these claims? When the United Nations drafted the Universal Declaration, several Christian delegates wanted to insert reference to God as the source of rights. However, one delegate noted that “the Declaration is meant for mankind as a whole, whether believers or unbelievers,” and another said that referring to God in the Declaration “might arouse the opposition of delegations representing more than half the world’s populations.” Because human rights are intended for theists and non-theists alike, for pragmatic reasons, no reference to God was inserted. While the Declaration was being drafted, UNESCO asked 32 famous secular philosophers, religious leaders and others to write their views on human rights. When they had finished, philosopher Jacques Maritain summarized, “We agree about the rights, but on condition that no one asks us why.”

Since the 1940s, most writers have sought the moral justification for universal human rights in secular reasoning rather than religious faith. James Nickel (2007) has offered one of the more compelling secular justifications for human rights to date. To Nickel, this moral justification consists of a combination of everyone’s self-interest, utility for the common good, and four “secure moral claims.” It is certainly in every person’s self-interest to know that, should he or she be charged with a crime, “Everyone charged with a criminal offence shall have the right to be presumed innocent until proved guilty according to law” (Art. 14, International Covenant on Civil and Political Rights). Secondly, human rights serve the utility of the common good and increase well-being; many studies have shown that people are happier in countries that honor human rights.1 And finally, according to Nickel, every human being has the right to four secure moral claims:

- “A secure claim to life,”
- “A secure claim to live one’s life,”
- “A secure claim against severely cruel or degrading treatment,” and
- “A secure claim against severely unfair treatment.”

To Nickel, the morality of these claims is self-evident, just as the authors of the American Declaration of Independence regarded it as “self-evident” that “all men are created equal” and possess “certain inalienable rights.” That is, they require very little thought to recognize their truthfulness. For that reason, they are claims that rightfully belong to human beings in every society. Morally speaking, they are not created by the laws of one’s country, but rather they provide a moral foundation for a country’s laws and a measuring stick for its actions. As a result, any society that violates these moral claims -- any society that arbitrarily kills or tortures its citizens, denies them fundamental freedoms, or provides rights for some that are denied to others (such as to a fair criminal trial) -- is acting immorally and violating the human rights that its citizens have a moral right to expect.

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B. The Challenge of Cultural Relativism

For many years, the main philosophical objection to the ideal of universal human rights has been the competing idea of cultural relativism. Franz Boas and other early anthropologists discovered vast differences between cultures in their values and ways of viewing the world. Their moral concern was to oppose racism, particularly the false “scientific” racism of the 19th and early 20th centuries, and the Eurocentric assumption that European culture and values are superior to all others. In its most extreme form, however, cultural relativism holds that all values that individuals hold dear are derived from their culture and, for that reason, there can be no values that are objectively true for all cultures. Following this logic to its end, extreme cultural relativism denies the existence of universal moral values, including universal human rights.

Without question, human cultures vary greatly and strongly shape the beliefs and outlooks of their members. While advocates of universal human rights recognize and respect most of these differences, they argue that the most basic rights are still universal. How could one seriously believe, they ask, that slavery, torture, the abuse of women, or a dictator having his troops shoot peaceful protestors is immoral in one culture but moral in another? Human rights, they argue, are intended to guard only the basic ingredients necessary for individuals to live decent lives, so they leave wide room for cultural differences. Following this logic to its end, extreme cultural relativism denies the existence of universal moral values, including universal human rights.

Most great religions speak of moral duties, but in doing so, rights are often implied. The Hebrew commandment, “Thou shalt not kill” (Exodus 20:13) implies that other people have a moral claim, or right, to life. When Jesus told of the Good Samaritan who reached across the boundaries of race and religion to help a man who had been robbed and beaten and told his listeners, “Go and do likewise” (Luke 10:37), there is an implication that all humans have a right for their needs to be addressed without concern for race or status. And when the Q’uran commands, “O you who believe! Stand out firmly for justice, as witnesses to Allah, even if it be against yourselves, your parents, and your relatives, or whether it is against the rich or the poor…” (Quran 4:135), the right of all to be treated with fairness and justice seems implied. Of course, followers of the great religions have not always fully followed these ideals. 

Just as our moral duties toward others often imply their rights, the recognition of their rights imposes duties on us toward them. My son’s right not to be abused created a duty for me, his father, to not abuse him and to protect him from others’ abuse. Similarly, in the broader sphere of human rights, the right to life in the Universal Declaration of Human Rights (“Everyone has the right to life, liberty, and the security of person;” Art. 3) imposes the duties to not kill and to support others’ right to life. As Nickel says, rights impose duties on both governments and individuals. For example, the right not to be treated cruelly imposes a duty on governments not to torture, but citizens also “bear the responsibility of insisting, encouraging, and pressuring governments to refrain from torture and to provide effective protections against torture” (Nickel, 2007, p. 41).

The Universal Declaration also imposes duties on both the international community and individuals to uphold human rights. In stating that “Everyone is entitled to a social and international order in which the rights and freedoms set forth in this Declaration can be realized” (Art. 28), a duty is imposed on all members of the United Nations to create a world that honors human rights. Article 29 adds

C. The Relations of Rights and Duties

The modern concern for human rights is sometimes viewed as neglecting moral duties and responsibilities. Yet rights and duties must coexist; duties toward our fellow humans and their rights mutually imply one another.

that “Everyone has duties to the community in which alone the free and full development of his personality is possible.”

II. The United Nations Human Rights System

Regardless of how we may reason about the moral foundations of human rights, or about the duties they impose upon us, human rights today are less a matter of moral philosophy than of international law that the majority of nations (called “states” in international law) have adopted as binding law. Human rights law, as we know it today, has developed primarily under the auspices of the United Nations since the end of World War II. The sections below summarize the creation of this law.

There were, of course, slow, but major, human rights developments in earlier centuries. Some were embraced in documents from the Magna Carta (1215) to the American Bill of Rights (1789) and the French Declaration of the Rights of Man and of the Citizen (1789). In other developments, torture was outlawed by almost all Western nations across the 18th century. The 19th century saw the end of legal slavery and great developments in the rights of children and laborers. The political enfranchisement of women occurred mainly in the early 20th century. Weston (n.d.), Ishay (2004) and Lauren (2008) offer excellent histories of the development of human rights before the Second World War. For the most part, however, these developments were within each nation rather than international or universal.

A. The Universal Declaration of Human Rights

Following World War I, a few individuals pressed for an international bill of human rights, but universal human rights as we know them today emerged only after World War II. They have been created in large part in response to the horrors of the Holocaust, in which about six million Jews and many others were slaughtered by the Nazi regime.

The United Nations was established in 1945, just as World War II was ending. While the first aim of the U.N. was to preserve peace, the Charter of the United Nations refers seven times to the importance of human rights.

The preamble affirms the “Peoples of the United Nations . . .faith in fundamental human rights, in the dignity and worth of the human person, in the equal rights of men and women and of nations large and small.”

Article 1 states that a purpose of the United Nations is the “promoting and encouraging of respect for human rights and for fundamental freedoms for all without distinction as to race, sex, language, or religion.” The U.N. Charter also contains the goals of strengthening international law and advancing human health and welfare.

With the evils of the recent Holocaust in their minds, everyone at the U.N.’s founding knew that one of its first major tasks would be to prepare a universal bill of rights. A Commission on Human Rights was soon established and given the charge of writing it. Eleanor Roosevelt, President Franklin Roosevelt’s widow, was unanimously selected to chair the 18-member Commission. Her intelligence, ability to build trusting relationships and humanitarianism were all clear to her fellow delegates.

The Commission began its work in January 1947. An immediate issue was whether the bill of rights should be a covenant or convention, that is, binding law for all nations that ratify it, or merely a declaration, which is just a statement of ideals. Several smaller nations wanted a binding covenant, but all of the major powers that had won the war (the United States, Great Britain, France, and the Soviet Union) wanted only a declaration, in large part because the Western democracies and communist countries differed on what rights should be included in a binding covenant. Roosevelt personally believed a covenant was essential, and she was distressed when the American government instructed her to produce only a declaration. As a result, shortly after
the Commission began its work, a decision was made to first produce a declaration of human rights principles and to write a binding covenant at a later time.

Through 1947 and 1948, the Commission members argued philosophy of human rights, launched tirades against each other’s human rights records, and drafted and redrafted each article several times. At times, they worked with considerable harmony; at others, their disagreements and animosities almost wrecked the whole effort. But when the process was over, they had given to the world the Universal Declaration of Human Rights (UDHR). It was adopted by the United Nations General Assembly by a 48-0 vote, with 8 abstentions, on December 10, 1948. Because the Universal Declaration is the singular most important foundation for modern human rights, readers are encouraged to click on the link to the UDHR and read it carefully.

American readers are likely to notice that the rights presented in Articles 3 to 21 and Articles 22 to 28 seem to be different kinds of rights. French Jurist Karel Vasak called these two kinds of rights the “first generation” and “second generation” human rights. The “first generation” rights, which historically arose earlier, cover the kinds of civil and political rights that are familiar to Americans in our own Bill of Rights (e.g., protection against cruel punishment, presumption of innocence, and freedom of thought and religion). Articles 22 to 28, the “second generation” rights, cover economic and social rights (e.g., the rights to education, employment, safe working conditions, health care, and social security in times of need), a kind of rights not found in the American Bill of Rights. Many current human rights theorists discourage this distinction, as it may be interpreted as implying that first generation rights are more fundamental or important than second generation rights.

With the adoption of the UDHR, the nations of the world had created, for the first time in human history, a statement of human rights that should apply to all human beings, everywhere in the world. But it was only a declaration of guiding ideals, not binding law.3

B. Turning the Universal Declaration into International Law

The process of turning the principles of the UDHR into international law has been painfully slow. During the first few decades after its adoption, the development of human rights law was slowed by several historical realities. First, the Cold War, which pitted the Soviet Union and its satellite states against the United States and its Western allies, dominated international politics and overwhelmed concern for human rights. Second, from the late 1940s through the 1960s, many new nations emerged from colonial rule. These countries joined the U.N. and brought their own concerns for self-determination and development. Many of these nations also drifted toward one-party or one-man dictatorships. 3 While the UDHR was a statement of ideals and not binding law, some scholars argue that many parts of the UDHR, if not all of it, should now be regarded as “Customary International Law.” When many nations act for a long time as though something is law, it may become “customary law.” It would then be regarded as law, even though it is not written. It also may be applied to a nation or group that has not ratified the convention or covenant that made it a law.

Customary international law is assumed to fit the worst of crimes, such as genocide, crimes against humanity, war crimes, and slavery. These crimes are so horrible that a nation that engages in them may be treated as violating international law, even if that nation has not ratified a treaty against them. Piracy is also regarded as violating customary international law. More recently, customary international law has been applied to the conduct of war by rebel groups in internal conflicts (for example, forcing children to serve as soldiers).

The application of customary international law raises many hard issues: How many nations must act as though something is law before it becomes customary law? And for how long must they do so? And should it be applied to less egregious crimes? Most nations today allow freedom of religion, but does a nation that does not accept freedom of religion violate customary international law? These issues are often discussed within international law, and there are no easy resolutions.

Roosevelt and the Universal Declaration
that did not honor individuals’ human rights. Despite these obstacles, in the six decades that have followed its adoption, the UDHR has provided the foundation for many U.N. human rights conventions, regional human rights systems, and mechanisms for advancing and enforcing human rights.

**The Two Major Covenants**

The split between West and East over the importance of first and second generation of human rights, with the West favoring the first generation rights and the Soviet Union and its allies inclined only toward the second generation rights, was very evident by the early 1950s. For that reason, rather than try to write a binding covenant that included all the rights in the UDHR, and rather than let the whole human rights project collapse, the decision was made to write two covenants, one that embraced each of the two kinds of rights. John Humphrey, a former international law professor at Canada’s McGill University and Director of the U.N. Human Rights Division, led the drafting of both covenants. Humphrey also had written the first draft of the UDHR.

Finally, on December 19, 1966, the *International Covenant on Civil and Political Rights* (ICCPR) and the *International Covenant on Economic, Social and Cultural Rights* (ICESCR) were each presented to the U.N. General Assembly and adopted. The first focused on the “first generation” of rights that Americans know well. The second contained the “second generation” of rights.

The adoption of a covenant or convention by the U.N. General Assembly does not automatically make it a part of international law. That only occurs when the number of states specified in a covenant or convention have ratified it. For these two covenants, 35 states were required before each one “entered into force.” Also, covenants, like conventions, become law only for the states that ratify them. It took ten years, until 1976, for thirty-five states to ratify each of the major covenants. However, as of 2015, more than 160 of the U.N.’s 193 member states have ratified each one; 158 have ratified both. The UDHR, ICCPR and ICESCR are together called the *International Bill of Human Rights*.

Four features of the two covenants are noteworthy. First, Article 1 of each covenant begins, “All peoples have the right to self-determination.” A right of “peoples” rather than individuals is not found in the UDHR. The concerns of new nations, recently freed from colonial control, to protect their independence and to own their national resources led to the inclusion of this right.4

Second, under the ICCPR, many human rights may be restricted (“derogated,” in the language of the treaties) during war or other public emergencies, but only “to the extent strictly required by the exigencies of the situation” (Art. 4). However, the most essential rights are “non-derogable,” and these rights may not be restricted in even the worst of circumstances. These include the right to life and the prohibitions against torture, slavery, prosecution for a crime that was not a crime when the act was done, and the freedom of “thought, conscience and religion” (Art. 18).

Third, while the ICCPR assumes that all rights in the treaty must be honored and fulfilled immediately, the ICESCR recognizes that many economic rights, such as the rights to education, health care, employment and social security, are beyond the capabilities of very poor countries. For that reason, they are to be fulfilled “to the maximum of its [a state’s] available resources, with a view to achieving progressively the full realization of the rights...” (Art. 2.2). Each state party is expected to do all it can to fulfill these rights, even if it cannot fulfill them immediately or completely.

Finally, each covenant, like most other U.N. covenants or conventions, allows for “reservations” and “declarations.” A reservation allows a state that ratifies a treaty to say it accepts all parts of the treaty except for specific articles.5 A declaration is a statement by a state that clari-
fies its understanding of a provision or otherwise states its intentions regarding the convention. Reservations and declarations are often quite substantial.

Reservations and declarations are controversial. On the one hand, they make more states willing to ratify a covenant or convention. On the other, they reduce the force of a ratification. For example, when the United States ratified the ICCPR, it declared that the treaty is not “self-executing.” This means that, if a nation or individual charges that the U.S. has violated the ICCPR, Congress would still need to pass specific legislation to allow the ICCPR to be enforced. While many believe that reservations and declarations often reduce a state’s ratification of a covenant or convention to mere lip service, its ratification still places the state on record as supporting the meaning and significance of the covenant.

C. Other Major U.N. Conventions for Preventing Human Rights Abuses

In addition to the two primary covenants, the U.N. has adopted a number of conventions to protect individuals and groups from the worst human rights abuses.

- The Convention on the Prevention and Punishment of the Crime of Genocide, the first and most important of these, was adopted by the General Assembly by unanimous vote on December 9, 1948, one day before the UDHR was adopted. Often called the Genocide Convention, it made genocide as an international crime for the first time. Raphael Lemkin, a Holocaust survivor and an international lawyer, was the person most responsible for its adoption. Lemkin knew that throughout human history some leaders and nations had often tried to kill entire races or religious groups. For that reason, in 1944 he coined the word “genocide,” a combination of “genos” (race or tribe) and “cide” (killing, as in homicide). Lemkin struggled for many years to see that genocide was made an international crime, and the Genocide Convention was due in large part to his tireless efforts. As of 2015, this convention has been ratified by 147 states.

- The Convention for the Suppression of the Traffic in Persons and of the Exploitation of the Prostitution of Others was adopted in 1950 and has been ratified by 82 states.

- The Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (CAT) was adopted in 1984. Although the UDHR said in 1948 that “No one shall be subjected to torture or to cruel, inhuman, or degrading treatment or punishment” (Art. 5), the decades that followed revealed that torture was still practiced widely. For that reason, Amnesty International, a leading human rights NGO (non-governmental organization), began a campaign against torture in 1973 and continued until the Torture Convention was adopted. Without Amnesty’s efforts, it is quite possible that this convention never would have appeared. This Convention makes the prohibition against torture a non-derogable right in the strongest possible terms, stating that “No exceptional circumstances whatsoever, whether a state of war or a threat of war, internal political instability or any other public emergency, may be invoked as a justification of torture” (Art. 2). The Torture Convention now has 158 state ratifications.

- The International Convention for the Protection of All Persons from Enforced Disappearance was adopted in 2006. An “enforced disappearance” is when a person vanishes at the hands of a government or its agents, or at the hands of a terrorist group, and those responsible do not admit knowing what happened to the victim. During civil conflicts, and in efforts to suppress dissent, many thousands have been “disappeared” around the world since the UDHR was adopted. Because it is relatively new, this Convention has been ratified by just 51 countries as of December 2015.

D. Conventions and Declarations to Protect Specific Groups

We might wish that general covenants on human rights would be sufficient, that conventions would not be needed
to protect specific groups. However, in many cases, these groups have experienced severe discrimination and suffering and need special protections. It has proven vital for the U.N. to emphasize through conventions to protect particular groups that all human beings are entitled to equal rights. The United Nations has adopted these five major conventions and two declarations designed to protect specific groups:

- The International Convention on the Elimination of all Forms of Racial Discrimination (CERD) was adopted in 1965. Condemnation of the white-minority apartheid government in South Africa led many of the new African nations to champion this convention, and 177 states have ratified it. CERD became a precedent for the later conventions that address the human rights of specific groups.
- The Convention on the Elimination of All Forms of Discrimination against Women (CEDAW) was adopted by the U.N. in 1979, and 189 states have ratified it.
- The Convention on the Rights of the Child (CRC) was adopted in 1989, and all U.N. states except one have ratified it.
- The International Convention on the Protection of the Rights of All Migrant Workers and Members of their Families, adopted in 1990, has been ratified by just 48 states.
- The Convention on the Rights of Persons with Disabilities (CRPD) was adopted in 2006, and 160 states have ratified it as of December 2014.
- In 2007, the General Assembly approved a Declaration on the Rights of Indigenous Peoples. Just four nations voted against it. This declaration emphasizes the rights of world’s 350 million indigenous peoples (peoples such as American Indians who live in a nation controlled by people from other cultures who generally came later) to preserve their cultures, languages, and traditions, to be protected from discrimination, and to have their educational, health care, and employment needs fully addressed by the countries where they live. A convention on the rights of indigenous peoples does not yet exist.
- In 2008, the General Assembly adopted, by a narrow vote, the Declaration on Sexual Orientation and Gender Identity, reaffirming that “everyone is entitled to the enjoyment of human rights without distinction of any kind,” and condemning “violations of human rights based on sexual orientation or gender identity wherever they occur.” As of December 2015, 96 states have approved this declaration.

E. Optional Protocols
Most human rights covenants and conventions have been followed by “optional protocols” that complement or add to the basic treaty. These protocols often describe how a convention is to be enforced, describe how individuals may complain that a state has violated a treaty, or add other provisions to the treaty. For example, the optional protocols to the Convention on the Rights of the Child prohibit the use of children under the age of 18 in armed conflict, the sale of children, child prostitution, and child pornography. Optional protocols for each covenant or convention are ratified separately from the main treaty.

F. United Nations Mechanisms for Advancing and Enforcing Human Rights
The United Nations has always had a mandate to advance human rights, but its efforts to fulfill this mandate were weak, largely blocked by the Cold War conflict between East and West. Since the end of the Cold War in the early 1990s, and particularly under the leadership of U.N. Secretary General Kofi Annan (1997-2006), the United Nations has taken a number of steps to strengthen its monitoring and enforcement of human rights. These include, as described in turn below, the creation of the Office of the High Commissioner for Human Rights, the Human Rights Council, special appointees on human rights, the International Criminal Court, the policy of Responsibility to Protect, Millennium Development Goals, and Sustainable Development Goals.

U.N. High Commissioner for Human Rights
In 1993, the U.N. held a World Conference on Human Rights in Vienna and adopted the Vienna Declaration and Programme of Action. The Declaration concluded that human rights are a matter of concern for all mankind and are never a matter of a nation’s internal jurisdiction alone. The Declaration represented a major change from the U.N.’s earlier view that the outside world could not interfere in a nation’s internal affairs, no matter how horrible that nation’s human rights violations. The Declaration also called
for creating a High Commissioner for Human Rights, which was done by the General Assembly later that year. The Office of the High Commissioner for Human Rights is now the principal United Nations office with the mandate to promote and protect human rights for all. Its work is devoted to seeing that human rights principles and laws are implemented and followed. Navenethem Pillay of South Africa served vigorously as High Commissioner from 2008 until September 2014, when Zeid Ra’ad Al Hussein of Jordan became High Commissioner.

**Human Rights Council**

Beginning in 1946, the U.N.’s Commission on Human Rights was its main body for “promoting respect for, and observance of, human rights and fundamental freedoms for all.” However, by 2004, it was clear that the Commission was failing. Its members were elected by world region, and because regional politics often determined who was selected, some Commission members had vile human rights records. In 2004, Zimbabwe and Sudan, perhaps the world’s worst violators of human rights, were members. Countries with terrible human rights records often sought seats on the Commission to shield themselves from its scrutiny.

Many NGO’s, including Amnesty International and Human Rights Watch, another major human rights NGO, urged that the Commission be replaced. In December 2004, Secretary-General Annan recommended that the replacement be a much smaller Human Rights Council. Further, those aspiring to be members should be required to present evidence of their commitment to human rights for all U.N. members to review. The U.N. General Assembly adopted the new Human Rights Council in March 2006 by a vote of 170 to 4.

The Council improves on the Commission it replaced in several ways. For example, the Council conducts universal periodic review of the overall human rights records of all U.N. members, something the Commission did not do, beginning with those elected to the Council. This review is not limited to compliance with treaties a nation has ratified. A higher threshold for election has made it possible to defeat or block the candidacies of Belarus (2007), Sri Lanka (2008), Azerbaijan (2009), Iran (2010), Syria (2011), and Sudan (2012). However, China, Saudi Arabia and Libya were each elected as part of closed regional slates, despite their bad human rights records and strong opposition from some countries and human rights NGOs. Any Council member found to systematically violate human rights can be expelled by a two-thirds vote of the General Assembly; Libya’s membership was suspended by a General Assembly vote in March 2011.

**Treaty Monitoring Bodies**

In addition to the Human Rights Council, each U.N. human rights covenant and convention has its own treaty monitoring body, consisting of elected independent experts “serving in their own capacity” rather than as representatives of U.N. states. Parties to the conventions are required to submit regular reports on their fulfillment of the conventions, and the monitoring bodies review these reports. Each monitoring body also often writes general comments offering its interpretations of the application of the convention to particular issues related to the convention it oversees.

**Special Appointees**

With the mandate or authority of the Human Rights Council, the U.N. Secretary-General may appoint Special Rapporteurs, Special Representatives and Advisors, to investigate and advise on specific human rights issues, including human rights concerns in particular countries, such as in North Korea, or on thematic issues, such as on the sale of children. The number of rapporteurs, representatives, and advisors varies; as of December 2015 there were 37.

**International Criminal Court**

Genocide scholar Rudolph Rummel (1994) estimated that, by 1987, 169 million had died by genocide and other government-sanctioned killings during the twentieth century. Soldiers killed during war are not included. That estimate did not include the 800,000 to 1,000,000 who died in the 1994 Rwandan genocide.

During the Cold War, the U.N. was mute in the face of repeated genocides and related atrocities, as in Indonesia (1965-66), East Pakistan (1971), Cambodia (1975-1979), and Kurdistan (late 1980s). With the end of the Cold War, the U.N. finally began to respond to punish and prevent these atrocities. Beginning in 1993, the Security Council created several special courts to prosecute those responsible for genocide, crimes against humanity, and

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6 Charter of the United Nations, Article 62 (2).
ethnic cleansing. The *International Criminal Tribunal for the Former Yugoslavia* was the first, created in 1993. The *International Criminal Tribunal of Rwanda* followed in 1996. Three other special courts – for Indonesia, Sierra Leone, and Cambodia -- were created after 2000 for genocide and related crimes in those countries.

A main problem with these special courts is that they were created only after a genocide or mass killing had occurred. The U.N. Security Council had to create each one after the crimes and make arrangements for funding. Doing so required extensive preparation time and was often politically difficult. For these reasons, the need for a permanent international criminal court seemed clear. It was also hoped that the existence of a permanent court could help deter these horrific crimes.

A draft treaty for such a court had been written as early as 1951, but the Cold War halted all efforts to create it. Finally, after the Cold War had ended, U.N. members met in Rome in July 1998 and adopted the *Rome Statute of the International Criminal Court* by a vote of 120 yes, 7 no, with 21 abstentions. Unlike most conventions, the Rome Statute states, “No reservations may be made to this Statute” (Art. 120), so any State ratifying the Rome Statute must accept all of its provisions.

The International Criminal Court (ICC) started operating on July 1, 2002, after the required 60 states had ratified the treaty. It is charged with investigating and prosecuting the four crimes of genocide, crimes against humanity, war crimes, and aggression (although it does not yet have authority over the crime of aggression). As of 2015, 123 states have ratified the ICC.

**Responsibility to Protect**

When world leaders gathered at the U.N. for the 2005 World Summit, they adopted a new policy called “responsibility to protect.” They committed the U.N. to a policy of protecting populations that are threatened with genocide, crimes against humanity, war crimes, and aggression (although it does not yet have authority over the crime of aggression). As of 2015, 123 states have ratified the ICC.

When world leaders gathered at the U.N. for the 2005 World Summit, they adopted a new policy called “responsibility to protect.” They committed the U.N. to a policy of protecting populations that are threatened with genocide, crimes against humanity or ethnic cleansing when their own national governments cannot or will not do so. This policy, like the Vienna Declaration cited earlier, envisions limits to national sovereignty when there are massive human rights violations. Francis Deng is often cited as the father of this doctrine. In his role as the U.N.’s first Special Rapporteur on the Human Rights of Internally Displaced Persons in the 1990s, he became acutely aware that sometimes persecuted people within a country must have protection that can only be provided by outside nations or international bodies.  

The first obligation under the U.N.’s responsibility to protect is the prevention of these crimes, but the policy also obligates, when necessary, the use of “humanitarian intervention,” a term that refers to the U.N. or an appropriate regional organization (such as NATO or the African Union) intervening in a country with military force to protect people from these crimes. Humanitarian intervention, as previously practiced, had been criticized as motivated by neo-Colonialism, as a guise by powerful nations pursuing their own selfish interests, and for being applied only upon weak nations.  

The new “responsibility to protect” policy provides for the first time a guide for international behavior in the face of these crimes. Military intervention may be used only as a last resort, and only when prevention has failed and lesser measures have been examined carefully and found unlikely to succeed. Further, there must be “serious and irreparable harm occurring to human beings, or imminently likely to occur,” such as “large scale loss of life” or “large scale ethnic cleansing,” and only for the purpose of saving civilian lives. Military intervention is not to be used when there are lesser human rights violations, nor conducted unilaterally by a single nation.  

The policy of “responsibility to protect” is still new, and only time will tell how well the U.N. and the regional bodies will meet this new commitment. It was used successfully to prevent further bloodshed in Kenya in late 2007, as the U.N. sent Kofi Annan to Kenya to negotiate a political solution between warring ethnic groups. The policy has been less successful elsewhere. The 2011 NATO-led intervention ended the killing of civilians by Libyan leader Muammar Gaddafi, but Libya has had intense conflict and violence since then. The policy has not been able to end the killings by the Syrian government or by the Islamic State of Iraq and Syria (ISIS).

7 At the time of this writing (2015), Deng is the Ambassador to the U.N. of new nation of South Sudan.

8 See, for example, Susan Koshy, *From Cold War to Trade War: Neocolonialism and Human Rights*. Social Text, No. 58 (Spring, 1999), pp. 1-32.
Millennium Development Goals and Sustainable Development Goals.

Article 25 of the UDHR states that, “Everyone has a right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing, and medical care and necessary social services . . . in circumstances beyond his control.” Article 22 adds that these rights are to be realized “through national effort and international cooperation.” The ICESCR uses similar wording. While economic rights are to be achieved by each state “to the maximum of its available resources” (Art. 2), responsibility to achieve these rights is also international. Wealthier nations have a responsibility to help those nations that cannot fulfill these rights by themselves.

To fulfill this responsibility, when world leaders gathered in September 2000 for the Millennium Assembly, they adopted the United Nations Millennium Declaration, declaring that, among other things, “We will spare no effort to free our fellow men, women and children from the abject and dehumanizing conditions of extreme poverty.” These words were soon followed by eight specific, measurable and time-bound Millennium Development Goals. As examples, they include, by 2015, to

- reduce by half the number of people who live on less than a dollar a day, who suffer from hunger, and who lack access to safe drinking water;
- reduce under-five child mortality by two-thirds and maternal mortality by three-quarters;
- insure that children everywhere, and regardless of gender, have access to full primary education.

The final Millennium Development Goals Report 2015 concludes that several goals were met, including reducing by half the number who suffer from hunger. Others were not, as under age-five child mortality was reduced by more than half, but not by three-quarters. Primary school enrollment in the developing world reached 91%, but not 100% as was hoped.

The Millennium Development Goals have now been replaced by the Sustainable Development Goals, seventeen specific goals for the years 2015 to 2030 to end poverty and hunger, advance health, education, and gender equality, and promote the well-being of the environment.

III. International Humanitarian Law

The term “International Humanitarian Law” refers to the laws that govern the conduct of war and the treatment of prisoners and civilians. While human rights law and international humanitarian law have different historical origins, since the 1960’s the two are increasingly considered together, as “international humanitarian law is increasingly perceived as part of human rights law applicable to armed conflict” (Dossweld-Beck, 1993).

The evolution of international humanitarian law may be traced to 1859 when Henry Dunant, a young Swiss businessman, witnessed the Battle of Solferino, Europe’s bloodiest battle in more than half a century. Many wounded were left to die in misery, so Dunant spent several days organizing help for them. Deeply distressed by the anguish he had seen, he soon wrote A Memory of Solferino (1862). After describing in searing detail the horrors of Solferino, Dunant called for the creation of an international aid society to care for the wounded and an international convention to protect them from further harm.

Dunant’s book and campaign led to the creation of both the Convention for the Amelioration of the Condition of the Wounded in Armies in the Field (1864), called the First Geneva Convention, and the International Committee of the Red Cross (ICRC). This Geneva Convention required that those treating the wounded be regarded as neutral and not attacked. They were to be recognized by a red cross displayed on their uniforms, ambulances, and hospitals. A red crescent was added as a second official designation of neutrality in 1929 and is used by 32 predominately Muslim nations. A red crystal (a hollow square standing on its corner) was added in 2005 and is used by Israel. The convention required that all wounded were to be treated, whether an enemy’s or one’s own.

The broader concern of the Geneva Convention was to reduce unnecessary suffering due to war. That concern has led to several later conventions and additions.
In 1899, the *Convention on the Laws and Customs of War on Land*, also known as the Hague Convention, outlawed bullets that expand when they hit flesh, required the humane treatment of prisoners, and established the right of the ICRC to visit prisoners. It also created laws to protect civilians during war by forbidding the bombardment of undefended towns and requiring that the property of civilians in captured territories be protected. The Geneva and Hague conventions were soon extended to cover war at sea. In 1925, prohibitions were added against the use of chemical and biological weapons.

The *Third Geneva Convention* (1929) added specific requirements on the treatment of prisoners. It required that they be registered with the ICRC, provided adequate food, shelter, and medical care, not be tortured, be allowed to send and receive mail, and that food parcels could be delivered to them.

After World War II, the first three Geneva conventions were updated, and the new *Fourth Geneva Convention* (1949) expanded the protection of civilians under enemy occupation and effectively merged the Hague and Geneva Conventions. Today, almost every nation on earth -- 196 altogether -- has ratified the Geneva Convention. In 1977, a protocol was added to extend all the provisions of the Geneva Convention to civil wars, and that protocol has been ratified by 174 states, as well.

Beyond the Geneva and Hague Conventions, international humanitarian law now includes several treaties that outlaw specific weapons. These conventions were created because these weapons cause deaths and other harm long after conflicts have ended, often to civilians. Unexploded land mines have caused up to 7,000 deaths a year, and unexploded bombs, particularly from cluster bombs that scatter many small “bomblets,” are thought to kill and wound a similar number. An estimated 98% of the victims are civilian. Farmers tilling their fields and children who find these explosives are common victims. For these reasons, the following conventions have been adopted:

- The *Convention on the Prohibition of the Development, Production and Stockpiling of Bacteriological (Biological)and Toxin Weapons and on their Destruction* (1975), usually called the *Biological Weapons Convention* bans the development, production, and stockpiling of all biological and toxin weapons. This Convention has been ratified by 171 states.
- The *Convention on Prohibitions or Restrictions on the Use of Certain Conventional Weapons Which May Be Deemed to Be Excessively Injurious or to Have Indiscriminate Effects* (1980) prohibits weapons that produce non-detectable fragments, restricts (but does not eliminate) the uses of mines and booby-traps, prohibits attacking civilians with incendiary weapons, prohibits blinding laser weapons, and requires the warring parties to clear unexploded ordinance at the end of hostilities. By 2015, 121 states have ratified this Convention or some of its provisions.
- The *Convention on the Prohibition of the Development, Production, Stockpiling and Use of Chemical Weapons and on their Destruction* (1997), also called the *Chemical Weapons Convention* (CWC), bans all chemical weapons. As of December 2015, the CWC has been ratified by 192 states. The Organization for the Prohibition of Chemical Weapons, which verifies adherence to the Convention, including the destruction of chemical weapons, received the Nobel Peace Prize in 2013.
- The *Convention on the Prohibition of the Use, Stockpiling, Production and Transfer of Anti-Personnel Mines and on their Destruction* (1997), also called the *Ottawa Treaty* or the *Mine Ban Treaty*, completely bans all anti-personnel land mines, and 162 states have ratified it.
- The *Convention on Cluster Munitions* (2008) prohibits the use of bombs that scatter bomblets, many of which do not explode and remain dangerous long after a conflict has ended. Human Rights Watch played a major role in campaigning for this convention. As of December 2015, 97 states have ratified it.
IV. The Regional Human Rights Systems

After the UDHR was adopted, three regional systems for advancing and protecting human rights were created. The first and most successful to date is that in Europe. The Council of Europe adopted the European Convention for the Protection of Human Rights and Fundamental Freedoms in 1950, and all 47 countries of Europe are members. The European Court of Human Rights was created in 1959. Because the European Convention only covers civil and political rights, the European Social Charter was added in 1961 to cover economic and social rights.

The Organization of American States adopted the American Convention on Human Rights in 1969 and established the Inter-American Court on Human Rights in 1979. Twenty-two Central and South American nations are now parties of the Court.

The African Charter on Human and Peoples’ Rights was adopted by the Organization of African Unity (now the African Union) in 1981 and has been ratified by all African states except for the new state of South Sudan. An African Court on Human and Peoples’ Rights was created in 2004 and has now been ratified by 29 of the 54 African states. While the Court at first seemed very weak, it has recently begun making important rulings. In March 2014, it ruled against the nation of Burkina Faso for the family in the case of a newspaper editor murdered in 1998. It ruled that the government had engaged in a coverup and had not fulfilled its obligations to protect journalists. This case is seen strengthening the rights of free speech across Africa and the rights of journalists to be protected when they engage in it. The Court may now become a positive force for African human rights.

The founding of the Society is often regarded as the beginning of the human rights movement (e.g., Neier, 2012). It also foretold a pattern for the movement that has followed: Concerned citizens, usually led by a few passionate individuals, organize to try to end specific human rights violations or to advance human rights more broadly. They form non-governmental organizations (NGOs) to rally public support for essential legislation. They almost always face heavy opposition, both from governments and from others with vested interests in continuing the abuses. At the beginning of their campaigns, they often find massive public indifference. But, like the Society, they persevere, mobilize support, and in time win great victories for human rights.

V. The Non-Governmental Human Rights Movement

In 1787, Granville Sharp, Thomas Clarkston, William Wilberforce and nine Quaker leaders formed the Society for Effecting the Abolition of the Slave Trade. For the next twenty years, they struggled to win British public support, against the economic interests of the slave traders, and for the British Parliament to outlaw the trade. By 1807, they had won the moral argument, and Parliament voted to abolish the trade and to use the British navy to enforce its abolition.

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It is likely that none of the advances described earlier would have been achieved without the human rights movement, without the passion of individual leaders and organized citizen movements. All future advances in human rights will likely require these as well.

In the nineteenth century, the human rights movement first focused on ending slavery. The Anti-Slavery Society, formed in 1823, was able to win support that led to the Slavery Abolition Act of 1833, ending slavery throughout the British Empire. Reorganized in 1839 to combat slavery everywhere, the Anti-Slavery Society became Anti-Slavery International, now the world’s oldest human rights organization. Throughout the century, other movements pressed for suffrage for men without property, for the rights of laborers, children and women. By the late 1800s, for example,
women’s suffrage organizations were established in a number of countries, including the National Woman Suffrage Association in the United States in 1890.

Human rights organizations before World War I focused on single issues or on the rights of specific groups. But in 1922, with the formation of Fédération internationale des ligues des droits de l’Homme (the International Federation for Human Rights, FIDH), human rights organizations began addressing a broad range of human rights concerns. In 1927, FIDH proposed both an international declaration of human rights and an international criminal court.

During the four decades of the Cold War (roughly 1950 - 1990), while the U.N. was hopelessly passive in protecting human rights, several new NGOs emerged, and their importance cannot be overstated. They alone looked beyond the Cold War divide to champion human rights universally. They alone condemned all human rights abuses, whether committed by communist countries, anti-communist dictatorships aligned with the West, or third-world regimes. And when the Cold War ended, these NGOs helped move human rights back to the center of the U.N.’s mission for the 1990s and 21st century, leading to the important advances during this period described in earlier sections.

The best known and most influential during this period was Amnesty International, founded in 1961 from the vision of British lawyer Peter Benenson. Amnesty’s first focus was on “prisoners of conscience,” prisoners held for political reasons rather than for criminal acts. However, Amnesty gradually adopted systemic human rights issues, including torture (as noted earlier), the death penalty, disappearances, extrajudicial executions and other issues. Clark (2001) and Neier (2012) offer good histories of Amnesty International.

Human Rights Watch, certainly the other most influential human rights NGO, emerged after the Helsinki Final Act of 1975. In that Act, thirty-three European states, including the Soviet-bloc states, along with Canada and the United States, pledged to “refrain . . . from the threat or use of force” (Art. II) and also to “respect human rights and fundamental freedoms, including the freedom of thought, conscience, religion or belief,” and to “promote and encourage the effective exercise of civil, political, economic, social, cultural and other rights and freedoms” (Art. VII). Within the Soviet-bloc, groups were soon formed to monitor these states’ human rights abuses and to press for political liberties.

In 1978, American Robert Bernstein, head of Random House publishing company, started Helsinki Watch to document Soviet-bloc abuses. But because human rights abuses were occurring elsewhere, Americas Watch was founded in 1981 and Asia Watch in 1985 to publicize abuses in Latin-American and Asian countries, respectively. Africa Watch and Middle East Watch were still being formed when “The Watch Committees” merged into Human Rights Watch in 1988 to publicize human rights abuses everywhere they occur.

Human Rights Watch carefully investigates human rights abuses by interviewing victims, witnesses, government officials, and even those who may have conducted the abuses. It reports its findings and recommendations to the press, local government officials, and to outside governments and organizations that can bring pressure to end these abuses. In 2014, for example, Yemen’s Torture Camps documented abuses by human traffickers against migrant workers, with the Yemeni government doing little to end the abuses. Human Rights Watch also publishes an annual report on the status of human rights around the world and issues periodic reports on particular human issues and concerns, as does Amnesty International.

Other key human rights organizations include Human Rights First (formerly Lawyers Committee for International Human Rights), which conducts campaigns on specific global human rights violations and presses for the U.S. to serve as a model of human rights for the world. Physicians for Human Rights focuses on physical human rights abuses, including mass atrocities, torture, rape, and starvation. It investigates these abuses, campaigns to end them, and aids the victims of abuse. The International Commission of Jurists consists of eminent judges and lawyers from around the world who work “to ensure the progressive development and effective implementation of international human rights and international humanitarian law.”

Today, there are literally hundreds of human rights organizations worldwide. Some focus on all human rights concerns, while others address specific kinds of rights (e.g., Center for Economic and Social Rights), specific rights issues (e.g., International Association for Religious Freedom) or the rights of specific groups (e.g., Disability Rights International). Many are global, while others address human rights in particular regions or countries.
Many NGOs have “consultative status,” with the Human Rights Council, with U.N. treaty monitoring bodies, and with regional human rights bodies. This status permits them to observe meetings, submit written statements, make oral presentations, participate in discussions, and otherwise press these organizations to promote human rights.

In recent decades, Human Rights NGOs have often formed coalitions to advance human rights law. In 1992, six came together to form the International Campaign to Ban Landmines that led to the Mine Ban Treaty in 1997. In 1995, thirty NGOs together formed the Coalition for the International Criminal Court (CICC). After the Rome Statute for the Court was adopted in 1998, one delegate wrote to the Coalition, “The ICC would still be in the fantasy section of the legal libraries without your commitment.” In 1998, the Coalition to Stop the Use of Child Soldiers (now Child Soldiers International) was formed and was vital to the adoption in 2000 of the optional protocol to the Convention on the Rights of the Child that banned the use of children younger than 18 in armed conflict. The Cluster Munitions Coalition was formed in 2003 and campaigned successfully for the 2008 Convention on Cluster Munitions. Because schools are often attacked or taken over during armed conflicts, the Global Coalition to Protect Education from Attack was formed in 2010 to try to make schools “safe havens where students and educators can work toward a better future.” Human Rights Watch and Amnesty International are often leaders in these coalitions.

An advantage of the coalitions is that each NGO brings specific expertise or concerns that often make them more effective as a team. As the CICC helped develop the Rome Statute, for example, Human Rights First brought expertise in international law, while the Women’s Initiatives for Gender Justice pressed for the inclusion of rape, sexual slavery, forced sterilization, and forced pregnancy as war crimes.

After coalitions are formed, other NGOs often flock to join. The CICC, for example, now has members in 150 countries that continue to press for a universal and effective International Criminal Court.

In summary, the development of human rights has always depended upon concerned persons organizing to advance rights. Non-governmental organizations will remain vital for future human rights advances.

VI. The United States and the Human Rights Treaties

The American Declaration of Independence and Bill of Rights have inspired the ideals of equality, freedom and rights for over two centuries, so Americans have justifiable pride in our contributions to human rights. Nevertheless, the United States’ ratification of U.N. human rights treaties has been weak. In 1953, the Eisenhower administration, under pressure from isolationist forces, announced that the United States would not be a party to any U.N. human rights treaty. Given all her efforts, Mrs. Roosevelt was deeply hurt by this announcement, believing that the United States had abandoned its leadership role in the vital task of advancing human rights.

Because of this new policy, the United States did not help draft either the ICCPR or the ICESCR and was not among the 35 states that had ratified them when they entered into force in 1976. The U.S. finally ratified the ICCPR in 1992, but has not ratified the ICESCR.

A few other human rights conventions have been ratified. The U.S. ratified the Convention on the Prevention and Punishment of the Crime of Genocide in 1986 during President Reagan’s term. The International Convention on the Elimination of All Forms of Racial Discrimination and the International Convention Against Torture and Other Cruel, Inhuman, and Degrading Treatment or Punishment were each ratified during President Clinton’s term in 1994. However, for each convention, the U.S. declared that these treaties are “not self-executing.” Under President Bush, the U.S. did not sign the Declaration on Sexual Orientation and Gender Identity, but did so shortly after President Obama was inaugurated.

The United States has not ratified many others. President Carter submitted the Convention on the Elimination of All Forms of Discrimination against Women for ratification in 1980, but the United States is still among the 13 U.N. states that have not done so. The U.S. stands alone Somalia and South Sudan as the only three states that have not ratified the Convention on the Rights of the Child. Although the United States participated seriously in drafting the Rome Statute of the International Criminal Court and managed to improve many of its provisions, the U.S. cast one of the seven votes against it. President Clinton signed the Rome Statute for the United States shortly before he left office, but the second President Bush took the unusual
as the only nation that has not ratified the *Convention on the Rights of the Child*. Although the United States participated seriously in drafting the *Rome Statute of the International Criminal Court* and managed to improve many of its provisions, the U.S. cast one of the seven votes against it. President Clinton signed the *Rome Statute* for the United States shortly before he left office, but the second President Bush took the unusual action of nullifying the American signature in 2002. It has never been submitted to the Senate for ratification. In December 2012, The United States Senate failed to ratify the *Convention on the Rights of Persons with Disabilities*, with the 61 affirmative votes, six short of the two-thirds required for ratification. The U.S. has not signed or ratified the *International Convention for the Protection of All Persons from Enforced Disappearance* or the *International Convention on the Protection of the Rights of All Migrant Workers and Members of Their Families*. The U.S. was one of only four states to vote against the *Declaration on the Rights of Indigenous Peoples*, although the U.S. endorsed the Declaration in 2010. The U.S. is not a party to either the *Mine Ban Treaty* or the *Cluster Munitions Treaty*.

Why has the United States been reluctant to endorse these U.N. human rights treaties? In his farewell address, President George Washington warned against the dangers of “foreign entanglements,” setting a precedent of American wariness of becoming tied to the judgment and will of other nations. Separated by a broad ocean from the recurring wars that plagued Europe, Americans developed a strong desire to isolate the nation from the world’s troubles. In the twentieth century, this “American isolationism” became pronounced when the Senate rejected President Woodrow Wilson’s plea that the United States join the League of Nations; this isolationism remains strong. Also, “American exceptionalism” assumes that America is the leader of the free world in advancing freedom and democracy. However, that belief often has the corollary of “American unilaterialism,” that America can intervene in other nations on its own, and in doing so must be immune from international law. Both of these have influenced American reluctance to participate in human rights covenants and conventions, and in the International Criminal Court. In the judgment of this author, this American reluctance has led to America abandoning its leadership in promoting human rights and has slowed the progress of human rights around the world substantially.

**Conclusion**

The struggle for human rights is not just against dictators and religious fanatics. Neither is it simply a struggle for advancing U.N. conventions and processes, as vital as these are. Unless citizens want their governments to support human rights, government leaders rarely will do so. Eleanor Roosevelt said that the ideals of the *Universal Declaration of Human Rights* will “carry no weight unless the people know them, unless the people understand them, unless the people demand that they be lived” (Glendon, 2001, p. xix). Building a world that promotes and protects human rights is up to all of the world’s citizens.

**References**


Other Selected Human Rights Texts


About the Author

Sam McFarland, Professor Emeritus of Psychology at Western Kentucky University, prepared this paper as a project of the AAAS Science and Human Rights Coalition’s Working Group on Education and Information Resources. McFarland has been a Fulbright Scholar in the Soviet Union, Director of Western’s University Honors Program, and President of the International Society of Political Psychology (ISPP). Through his efforts, ISPP added a human rights standard for the work of political psychologists to its Constitution.

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